



Cefn Glas Infant School

Relationships and Sexuality Education (RSE)

Information for Parents/Carers



What will my child be taught?

In Cefn Glas it is our aim to teach our children about healthy relationships, keeping safe, online and offline, and being confident to raise issues with Trusted Adults.

RSE is designed to safeguard all our children, supporting them to develop knowledge, skills and behaviours that will assist in protecting them throughout their lives.

RSE is a mandatory element of the Curriculum for Wales.

Article 28 Every child has the right to a full education.

The three main areas of RSE are listed below:

Relationships and Identity

Sexual health and wellbeing

Empowerment, Safety and Respect

A summary of what will be taught in each year group:

	Nursery	Reception	Year One/Two
Relationships and Identity	Families, Friendships, Wants/needs UNRCC Rights Diversity Empathy Respect	Family diversity Friendships Peer relationships UNRCC Rights Values Behaviour Respect/Empathy	Kindness Empathy Respect Values UNRCC Rights Family relationships and dynamics Peer relationships Inclusive Behaviours
Sexual Health and Wellbeing	Accurate terminology for body parts Life cycles Self-care and personal hygiene Feelings Trusted adults	Accurate terminology for body parts How human bodies change as they grow Life cycles Self-care and personal hygiene Feelings of themselves and others Trusted adults	Accurate terminology for body parts How human bodies change as they grow Life cycles Self-care and personal hygiene Awareness of the differing feelings of themselves and other Trusted adults
Empowerment, Safety and Respect	Behaviour Respect Positive behaviours and relationships Feelings Opinions Causes and consequences Online safety	Behaviour Rules Respect/different/ Positive behaviours and relationships Feelings Opinions Causes and consequences Online safety Rights	Behaviour Rules Diversity Respect Positive behaviours and relationships Feelings Opinions Causes and consequences Online safety Right to feel safe

Please see the link below for the RSE policy for all Bridgend Schools:

[rse-policy-bridgend-primary-schools-1.pdf \(primariesite-prod-sorted.s3.amazonaws.com\)](#)

Here is some information from HWB for parents/carers:

[220804-rse-leaflet-en.pdf \(gov.wales\)](#)